## From Rev. Rebecca...



October Ministry theme: Intention

October 17, 2018

## Question to Ponder, Discuss and Hold...

## Your Way of Being

What one, two, or three, words best describe your intention of how you want to be in the world?

## To Bless and be Blessed

Describe a time when you were given a blessing. How did it make you feel?

Have you ever offered a blessing? To who, and what was the occasion?

What is a blessing that you can say to yourself each day?

Be mindful this week! Your salutations in emails, letters, phone calls and conversations, are your blessings to the people who receive them. What do you intend for them to communicate?